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Hospital Discharge Checklist

A checklist for planning a safe transition from hospital to home.

Before Leaving Hospital

- Confirm medication instructions and follow-up appointments.
- Check mobility, wound care, personal care and transport needs.
- Ask for discharge notes and any recommended care plans.

At Home

- Make sure the home environment is safe and accessible.
- Arrange meal, hygiene, domestic and overnight support if needed.
- Monitor symptoms and contact clinical support if concerns arise.

Need help?

Call 1800 527 227 or email info@kb7care.com.au to speak with the KB7 CARE team.